

# DO YOU KNOW

the following **10** AA facts?



- 1 Alcoholism is a disease. It is not your fault that you've got it. Yet it is your responsibility to recover.**
- 2 The only requirement to become a member of AA is the desire to stop drinking.**
- 3 Your colour, class, status, age, drinking pattern or past doesn't matter. At AA, we don't pass judgment.**
- 4 There is no cost payable for recovery at AA.**
- 5 AA is non-religious. Members are free to hold any religious beliefs or none at all.**
- 6 For everyone of us, the members of AA, there was a first time to join an AA meeting.**
- 7 For you, it will be a courageous but vital step to find a meeting and join. In your own interest, we urge you to take it.**
- 8 Rest assured that you will be welcomed with open arms and that you will develop a sense of belonging among us.**
- 9 AA is a worldwide fellowship of men and women who help each other recover from alcoholism.**
- 10 You need never stand alone again!**

## Alcoholics Anonymous

SCAN FOR WEBSITE



**086 143 5722**

**[www.aasouthafrica.org.za](http://www.aasouthafrica.org.za)**

**f Alcoholics Anonymous South Africa**  
(Meetings are only online during lockdown)



**YOU NEED NEVER STAND ALONE AGAIN!**